

WHAT TO EXPECT

Before, During, & After

A SCULPSURE PROCEDURE



SculpSure is an FDA-approved, non-surgical body contouring service - perfect for stubborn body fat in areas like the abdomen, flanks, back, and inner/outer thighs. Ninety percent of people who undergo SculpSure are satisfied with their results. If you're interested in SculpSure, we've compiled these three steps of SculpSure and what to expect from this body-changing treatment.

Before SculpSure

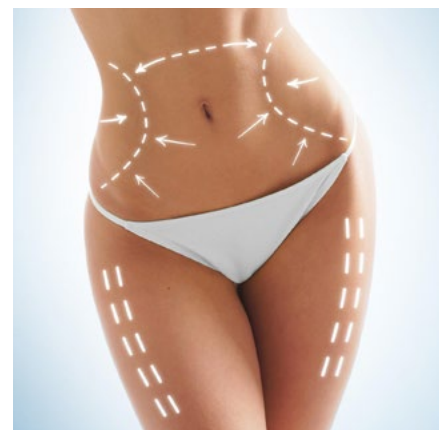


SculpSure Is Not for Weight Loss

SculpSure is a body contouring procedure designed to help eliminate stubborn fat areas and create the body silhouette you've always wanted. However, SculpSure is not a weight loss solution. Rather, it is a supplement to those who have already lost weight and are living a healthy lifestyle who happen to have stubborn body fat. A good rule of thumb is if your BMI is under 30, you are a perfect candidate for this procedure. SculpSure is also perfect for people with busy schedules, as each session lasts only 25 minutes and is non-surgical and non-invasive.

How to Prepare for Your Procedure

There is no real preparation needed for your SculpSure treatment! You will want to have an initial consultation meeting with your SculpSure provider to map out a treatment plan, but besides this, no real official preparation is needed. We recommend wearing comfortable, loose clothing on the day of your appointment and refraining from taking anti-inflammatory medications (like ibuprofen) beforehand, as the properties of the medication can inhibit the fat burning process.



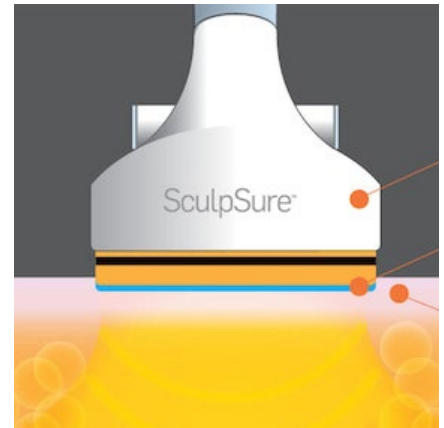
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During SculpSure

How SculpSure Works

SculpSure is an FDA-approved, non-surgery laser procedure that utilizes heat to kill fat cells without damaging the skin. Using a specifically made 1060nm hyperthermic laser, patients get to relax as a nozzle is placed upon desired shrinkage areas. Four minutes are spent warming up the laser to the required (but near painless) temperature. The last twenty-one minutes, the laser cycles through periods of 25 second heat phases and 10 second cooling phases. During this process, the fat cells are damaged irreparably and will be cleared away naturally by your body's lymphatic system in time. Unlike diet or exercise regimens, which only shrink fat cells, SculpSure eliminates fat cells altogether to achieve your desired silhouette.

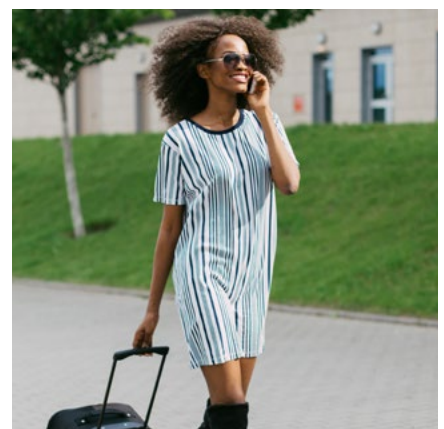


How SculpSure Feels

The best part of this procedure is the revolutionary technology that accompanies it. Unlike other procedures, SculpSure's special laser assures that only fat cells are damaged during the process. Your skin remains minimally affected. Unlike CoolSculpting, SculpSure does not have a suction component which means that patients find SculpSure more tolerable in terms of comfort. Patients report none to mild discomfort during and after the procedure, depending on BMI and pain tolerance levels.

How Convenient SculpSure Is

One of the most appealing things about SculpSure is how convenient it is. Each session lasts a mere 25 minutes. There is no prep time or recovery time needed. It's so fast and easy, you can do it on your lunch hour and return to work right afterward. It's FDA-cleared, non-surgical, and non-invasive. Finally, a convenient solution to body sculpting that targets specific problem areas.



After SculpSure



Recovery & Results

There is no downtime after SculpSure! Immediately following your treatment, you are able to resume all normal daily activities, including exercise, eating, and hobbies. Some doctors recommend staying away from prolonged sun exposure and to massage the area twice a day for 5-10 minutes each time, in order to get better results. SculpSure is not an immediate remedy; it takes time for dead fat cells to be processed through your system. Most patients see results within six weeks, and see the most dramatic results at twelve weeks, with up to 24% body fat reduction. Another perk of SculpSure is its skin-tightening properties! Because the laser treatment stimulates collagen and elastin production, patients may see not only body fat reduction, but smoother, tighter skin as well!



Maintaining Your SculpSure Slim Body

After 12 weeks have passed since your first treatment, you should be seeing optimal results. Many patients are happy with these results and maintain their current shape with proper diet, exercise, and mental health regimens. However, some patients opt for another treatment to the same area, or love the results so much, they treat another area. Mainly, getting another treatment depends on your goals. One treatment generates around 24% reduction in body fat. If you know you need more than 24%, then talk with your SculpSure provider to build a plan that works for you and your wallet.

