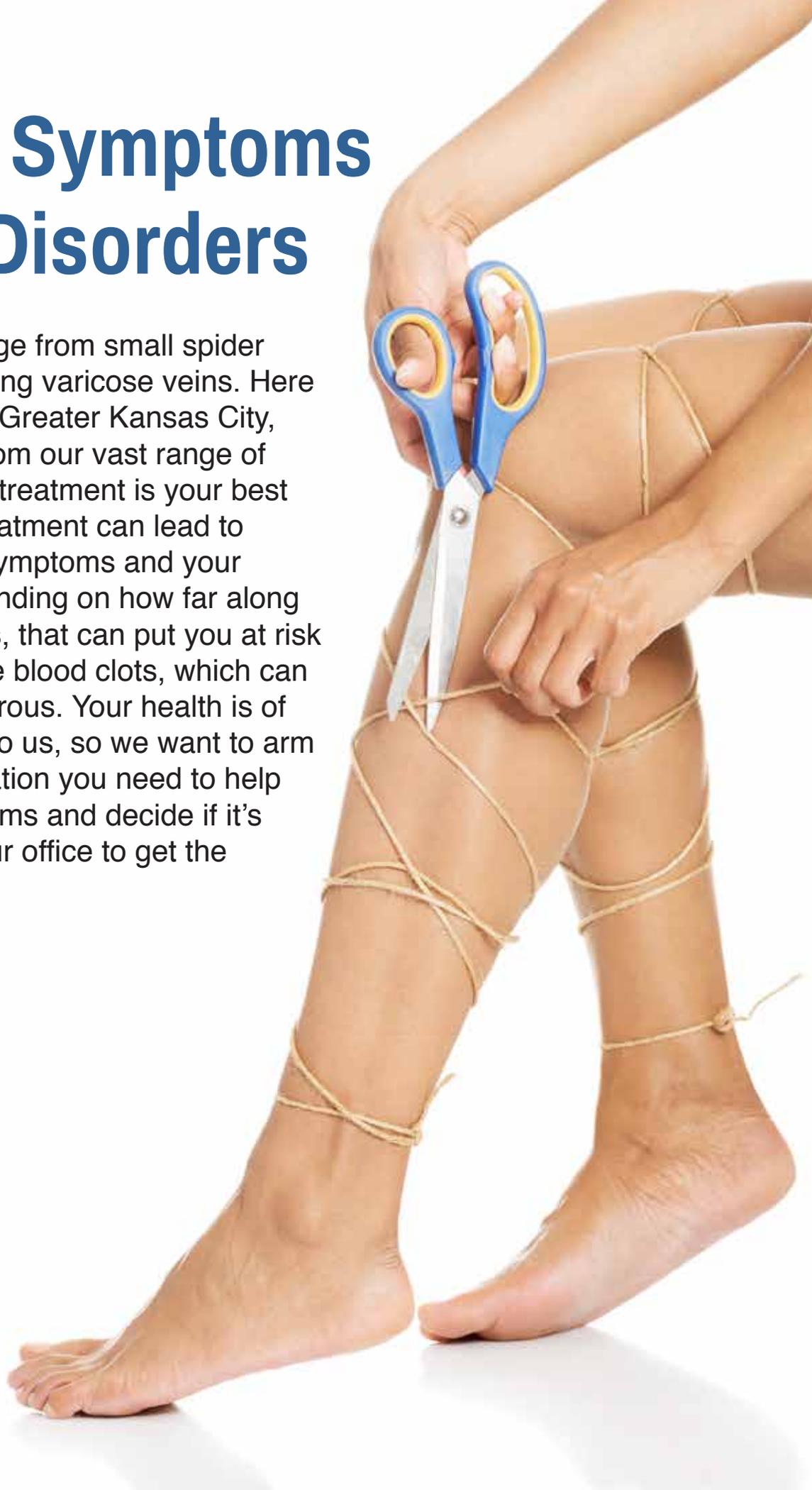


Signs & Symptoms of Vein Disorders

Vein issues can range from small spider veins, to large, bulging varicose veins. Here at the Vein Clinic of Greater Kansas City, we've seen it all. From our vast range of experience, prompt treatment is your best route. Putting off treatment can lead to worsening of your symptoms and your condition, and depending on how far along your vein disorder is, that can put you at risk for health issues like blood clots, which can be extremely dangerous. Your health is of utmost importance to us, so we want to arm you with the information you need to help assess your symptoms and decide if it's time to come into our office to get the treatment you need.



Small Blood Vessels Near Your Skin's Surface



Many vein conditions start off with a few tiny blood vessels that pop up near the surface of the skin in the legs. These are also referred to as spider veins. These typically come with few complications, and sometimes will not lead to any further vein conditions. If you see these develop on your legs though, it's best to monitor them for worsening condition.

Bulging or Twisted Veins

Bulging or twisted veins that have risen from your leg are usually varicose or ropy veins. When veins get to this stage many people first start to experience symptoms, and actually notice vein disease. 75% of patients with varicose veins experience symptoms that interfere with their lives. We highly recommend you see a specialist to get treatment when veins get to this stage.



Tired, Heavy or Achy Legs

After you spot varicose or ropy veins in your legs, you may start to experience some annoying symptoms that interfere with your life. Your legs may feel tired easily, making it difficult to walk or stand for normal periods of time. You may also notice your legs feel heavier and achy, like you've been up on your feet all day at a concert. The sooner you seek treatment when you notice these types of symptoms the better.



Soreness & Swelling of Lower Legs & Ankles

Soreness and swelling begin to affect patients who don't seek treatment as their vein issues worsen. The backflow created by vein issues in the venous system interferes with the body's ability to reabsorb fluid, which leads to swelling in the legs. Elevation helps ease some of the symptoms, but will not completely solve the issue.



Discolored, Dry, Itchy Skin Near Ankle

The next signs that your vein issues are getting worse are skin discoloration accompanied by dry, itchy skin, specifically close to the ankles. As vein issues progress, the venous congestion can lead to changes in skin color in the leg area. Skin may become thinner, with a reddish brown or even white hue. In this state, skin is easily harmed and takes more time to heal from injury.



Rash or Skin Ulceration on Ankle or Lower Leg



People with the most severe cases of vein issues and disease will experience skin rash or skin ulceration in the legs or ankles. This happens when venous congestion progresses so far that nutrients cannot make their way into the skin. At this stage, any sort of skin injury or ulceration will take a very long time to heal. Immediate treatment is recommended when vein issues get this far along, as the condition will only worsen with time.

Getting Treatment

Getting prompt treatment is really the key to preventing the worsening of vein issues. There are many treatment options available these days that are associated with very little to no pain or recovery time. It's definitely worth it to at least schedule a consultation and talk about our options with a vein specialist, no matter what stage you're at.



Read what our patients are saying...

"I had a lot of anxiety with treating my vein issues. They were affecting my daily duties and brought me a lot of grief. Dr. Barbieri and his staff were knowledgeable, caring, supportive, and made this such a pleasant experience for me. I cannot believe how much better I feel and the confidence I feel that they "got the job done" is through the roof! Highly recommend this clinic to anyone needing treatment for venous disorders."

- Stephanie

"The staff and Dr. Barbieri are awesome. I've had several treatments there and it's always been a pleasant visit. I had severe venous reflux disease in my right leg and after the ablation procedure, you'd never be able to tell. I would recommend this place to anyone with vein disorders. They'll change your life."

- Crystal



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